

September 2024 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. (Menu is subject to change)

www.ghnpss.org	(Menu is subject to change)			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed for LABOR LAGUY 2	Eggs and Turkey Bacon Peaches Collard Greens Milk	SPECIAL LUNCH Sloppy Joes Macaroni Salad Carolina Coleslaw Chips Milk 4	Roasted Chicken Thighs with Sweet Potatoes Green Beans Blueberry Buckle Milk	Roasted Tilapia with Lemon over Rice Capri Vegetable Blend Stewed Tomatoes Milk
Baked Mac & Cheese Roasted Peppers Steamed Green Beans Milk	Gingered Mustard Pork Brussels Sprouts Sweet Potatoes Milk 10	Caribbean Flounder with Dirty Rice Steamed Carrots Brussels Sprouts Milk	Beef Stroganoff with Egg Noodles Mixed Vegetables Applesauce Milk	French Toast Sticks Scrambled Eggs with Cheese Peaches with Granola Milk
COLD MEAL Cobb Salad Crackers Mandarin Oranges Milk	Korean BBQ Beef Fried Rice Mixed Vegetables Milk	Pasta with Meatballs Peas Poached Pear Milk	Roasted Chicken w/ Beans & Sun Dried Tomatoes Quinoa Pilaf w/ Riced Vegetables Broccoli w/ Cheese Sauce Milk 19	Fritatta Breakfast Potatoes Spinach Milk
BIRTHDAY LUNCH Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables Milk	Three Bean Chili w/ Bulgur Wheat Confetti & Pea Vegetable Apple Crumble Milk	COLD MEAL Chicken Salad on Lettuce with Grape Tomatoes Three Bean Salad Tapioca Pudding Milk 25	Turkey with Gravy Glazed Sweet Potatoes Green Beans Milk	Sweet Italian Sausage, Peppers, Onions & Marinara Sauce Roasted Potatoes Steamed Peas Milk 27
COLD MEAL Tuna Salad w/ Lettuce & Grape Tomatoes Garden Pea Confetti Salad Cheddar Cheese Cubes Milk 30				