

October 2024 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.
(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cheese Stuffed Shells with Crushed Tomato Sauce Steamed Carrots Mixed Vegetables Milk 1	Swedish Meatballs over Egg Noodles Peas Applesauce Milk 2	Birthday Celebration Pork & Sauerkraut with Apples Cauliflower with Cheddar Sauce Peach Crumble Milk 3	Roasted Tilapia with Lemon over Rice Capri Vegetable Blend Stewed Tomatoes Milk 4
Optional: Lunch & Movie! Baked Mac & Cheese Roasted Peppers Steamed Green Beans Milk  7	Gingered Mustard Pork Brussels Sprouts Sweet Potatoes Milk 8	Caribbean Flounder with Dirty Rice Steamed Carrots Brussels Sprouts Milk 9	COLD MEAL Fusilli Salad with White Beans Grilled Marinated Chicken Breast Canned Pears Milk 10	Chicken Curry with Apples and Raisins Orzo with Peas Roasted Zucchini Yellow Squash Milk 11
Chicken Burger with Roasted Peppers and Provolone Wild & Brown Rice Pilaf Steamed Broccoli Milk 14	Pasta with Meatballs Peas Poached Pear Milk 15	Korean BBQ Beef Fried Rice Roasted Peppers & Onions Milk 16	Roasted Chicken with Beans & Sun Dried Tomatoes Quinoa Pilaf with Riced Vegetables Broccoli with Cheese Sauce Milk 17	Frittata Breakfast Potatoes Spinach Milk 18
Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Milk 21	Three Bean Chili w/ Bulgur Wheat Confetti & Pea Vegetable Apple Crumble Milk 22	COLD MEAL Chicken Salad on Lettuce with Grape Tomatoes Three Bean Salad Tapioca Pudding Milk 23	Turkey with Gravy Glazed Sweet Potatoes Green Beans Milk 24	Sweet Italian Sausage Peppers & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk 25
Roasted Chicken Thighs with Sweet Potatoes Green Beans Blueberry Buckle Milk 28	COLD MEAL Turkey Sandwich Mint & Pea Salad Orange Slices Milk 29	Halloween Special Lunch (\$10) Pumpkin Tomato Soup Three Cheese Grilled Cheese Harvest Salad Candy Bars  30	Pork & Sauerkraut with Apples Cauliflower with Cheddar Sauce Peach Crumble Milk 31	