

October 2024 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Roast Turkey with Pesto Roasted Red Peppers & Spinach on Whole Grain Roll Potato Chips Fruit Cup Milk 1	Spaghetti with Meatballs Green Salad Italian Bread & Butter Apple Sauce Milk Rest Easy in Retirement Sweet Treat Social 2	Roast Pork Mashed Potatoes Sauerkraut Milk 3	Chicken Salad Stuffed Tomato over Lettuce Whole Grain Crackers Cookie Milk 4
Ground Beef Taco Salad Corn Chips Pineapple Milk 7	Potatoes & Cheese Perogies with Carmelized Onions & Mushrooms Green Salad Cookie Milk 8	Tuna Salad on Rye Cheddar Cheese Lettuce Tomato Vegetable Soup Peaches Milk 9	Meatloaf Mushroom Gravy Mashed Potatoes Green Beans Whole Grain Roll & Butter Mandarins Milk 10	Sweet & Tangy Chicken Breast Brown Rice Broccoli Milk 11
Sweet & Sour Pork Sliders Whole Grain Slider Buns Cole Slaw Fruit Cup Milk 14	Shrimp Caesar Salad Roll & Butter Fresh Melon Salad Chocolate Pudding Milk 15	Baked Haddock with Baked Macaroni & Cheese Vegetable Medley Apple Sauce Milk 16	Chicken Tenders Potato Salad Vegetable Salad Cookie Milk 17	<div style="text-align: center;"> SPECIAL VETERANS' LUNCH Mixed Green Salad Roast Beef Baked Potato Vegetable Medley Roll & Butter Cherry & Apple Pie Milk 18 </div>
Swedish Meatballs Egg Noodles Carrots Apple Sauce Whole Grain Roll Milk 21	Pineapple Chicken Brown Rice Green Salad Fruit Cup Milk 22	Crab Cake on Whole Grain Bun Lettuce & Tomato Sweet Potato Fries Cole Slaw Milk 23	Rotelle Pasta w/Sauce Vegetables & Cheese Mandarin Oranges Whole Grain Roll Milk 24	Mandarin Grilled Chicken on Mixed Greens with Feta, Almonds, and Cranberries Chow Mein Noodles Chocolate Pudding Milk 25
Spaghetti with Meatballs Green Salad Italian Bread & Butter Apple Sauce Milk 28	Roast Turkey with Pesto Roasted Red Peppers & Spinach on Whole Grain Roll Potato Chips Fruit Cup Milk 29	Chicken Salad Stuffed Tomato over Lettuce Whole Grain Crackers Cookie Milk 30	<div style="text-align: center;">  Halloween Bday Lunch Roast Pork Mashed Potatoes Sauerkraut Milk 31 </div>	<div style="text-align: center;">  </div>