

MON

TUES

WED

THURS

FRI



Encore Experiences

in Harleysville Part of GHNPS

312 Alumni Avenue, Harleysville, PA 19438

215-256-6900

*Lunch is served daily from 12 pm - 1 pm.
Advanced Reservations are required.
Call 215-256-6900 for all lunch or program
reservations and appts.*

November 2024



Access to our facility, including fitness room, library, pool table, and ample space for socializing, puzzling, & relaxing is available 8 am - 4 pm, M-F.

More information about calendar items designated as ***Special Programming in Orange**, or ****Resources and Services in blue**, can be obtained at our front desk.

Detailed descriptions for our regular and recurring programming can be found on our website: www.ghnps.org or scan below for quick access



Scan me

4
9:15am Tai Chi (\$5)
10:30am Chair Yoga hosted by Independence Blue Cross*
10:30am-12:00pm Cash for Gold!*
1:30pm Art Class (\$4)
1:45pm Bingo for Bucks

5
CENTER CLOSED for ELECTION DAY Visit The PEAK Center Today!
VOTE

6
8am Chess
9:15am Tai Chi (\$5)
9:30am Coloring for Calmness
10-11:45am Balance and Fall Prevention w/ Grandview*
1pm Rummikub
1pm Memory Lane: Autumn & Thanksgiving Traditions*

7
9am Wood Carving
9:30am Stitch & Chat
9:30-10:45am Free Blood Pressure Screenings
10am-2pm GMU SLP Students on Site*
11am Help Yourself to Healthy Living*
12:30pm Bridge
12:30pm Skip-Bo
1:30pm Tone & Balance (\$4)

8
9am Breakfast Club*
10am Wii Sports or Jeopardy
10am Prevent T2 Program (pre-registered participants only)
11am State Rep Scheuren Office Hour**
1pm The Happy? Ya! Ya! Crew*
1:30pm Stretch & Tone (\$4)

11
9:15am Tai Chi (\$5)
1:30pm Art Class (\$4)
1:45pm Bingo for Bucks

12
9am-2pm Social Services Appts w/ Carol**
9:15am Walking w/ Weights canceled
9:30am Group Trivia
10:30am Scrabble
12:30pm Pinochle
1pm Mahjong
1:30pm Zumba (\$4)

13
8am Chess
9:15am Tai Chi (\$5)
9:30am Coloring for Calmness
10:30am Diamond Art Magnets w/ Laura (\$2)
1pm Rummikub
1:45pm Fall Dessert Making with Trish*

14
9am Wood Carving
9am Medicare Counseling Appts**
9:30am Stitch & Chat
10am-2pm GMU SLP Students on Site*
12:30pm Advisory Council**
12:30pm Bridge
12:30pm Skip-Bo
1:30pm Tone & Balance (\$4)

15
10am Wii Sports or Jeopardy
11am Prayer Care Group
1pm The Happy? Ya! Ya! Crew*
1:30pm Stretch & Tone (\$4)

18
9:15am Tai Chi (\$5)
1:30pm Art Class (\$4)
1:45pm Bingo for Bucks

19
9-10:20am Haircuts*
9:15am Walking w/ Weights (\$4)
9:30am Group Trivia
10:30am Scrabble
11am-12pm St. John Neumann Table*
12:30pm Pinochle
1pm Mahjong
1:30pm Zumba (\$4)

20
8am Chess
9:15am Tai Chi (\$5)
9:30am Coloring for Calmness
10am Alzheimer's Assoc w/ Jane Cero*
12pm Special Thanksgiving Lunch w/ Mummies
1pm Indoor Shuffleboard
1pm Rummikub

21
9am Wood Carving
9am-2pm Social Services Appts w/ Carol**
9:30am Stitch & Chat
10am-2pm GMU SLP Students on Site*
12:30pm Bridge
12:30pm Skip-Bo
1:30pm Shuffleboard in place of Tone & Balance
4:30pm Dinner Outing*

22
9:30am Veterans' Coffee Catch Up*
10am Wii Sports or Jeopardy
1pm The Happy? Ya! Ya! Crew & YMCA kids visit*
1:30pm Stretch & Tone (\$4)

25
9:15am Tai Chi (\$5)
1:30pm Art Class (\$4)
1:45pm Bingo for Bucks

26
9:15am Walking w/ Weights (\$4)
9:30am Group Trivia
10:30am Scrabble
12:30pm Pinochle
1pm Mahjong
1:30pm Stretch and Tone in Place of Zumba Today (\$4)

27
8am Chess
9:15am Tai Chi (\$5)
9:30am Coloring for Calmness
1pm Rummikub
1pm Movie Matinee*

28
29
Closed for Thanksgiving