

August 2024 Lunch Menu

Our congregate meal is served M-F from 11:30am-12:30pm. Advance reservations are required. Please sign up at the front desk no later than Friday at 1pm the week before. There is a \$2 suggested donation for 60+

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Turkey with Gravy Glazed Sweet Potatoes Green Beans Milk 1	Sweet Italian Sausage Peppers & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk 2
			Roasted Chicken Thighs with Sweet Potatoes Green Beans Blueberry Buckle Milk 5	Turkey Sandwich Mint & Pea Salad Orange Slices Milk 6
Garden Salad with Boiled Egg Cottage Cheese Macaroni Salad Milk 12	 Birthday Celebration Gingered Mustard Pork Brussels Sprouts Sweet Potatoes Milk 13	Caribbean Flounder with Dirty Rice Steamed Carrots Brussels Sprouts Milk 14	Fusilli Salad with White Beans Grilled Marinated Chicken Breast Canned Pears Milk 15	Chicken Curry with Apples and Raisins Orzo with Peas Roasted Zucchini Yellow Squash Milk 16
Chicken Burger with Roasted Peppers and Provolone Wild & Brown Rice Steamed Broccoli Milk 19	 SPECIAL "SPORTS FAN" LUNCH (\$10) Pasta with Meatballs Peas Poached Pear Milk 20	SPECIAL "SPORTS FAN" LUNCH (\$10) Cheesesteak Crab Fries Coleslaw Milk 21	Roasted Chicken with Beans & Sun Dried Tomatoes Quinoa Pilaf with Riced Vegetables Broccoli with Cheese Sauce Milk 22	Frittata Breakfast Potatoes Spinach Milk 23
Meatloaf w/Gravy Mashed Potatoes Mixed Vegetables Milk 26	Three Bean Chili w/ Bulgur Wheat Confetti & Pea Vegetable Apple Crumble Milk 27	Chicken Salad on Lettuce with Grape Tomatoes Three Bean Salad Tapioca Pudding Milk 28	Turkey with Gravy Glazed Sweet Potatoes Green Beans Milk 29	Sweet Italian Sausage Peppers & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk 30